ALLEYTHEATRE THE HERO'S JOURNEY

Everything from Disney classics to literary classics follows an archetype—or a set of narrative designs, motifs, character types, images, or elements that every story inherently follows. Whether it is Simba's journey back to Pride Rock in The Lion King, or Harry's quest to defeat Voldemort in the Harry Potter series, literary critics and readers alike can pinpoint certain elements of these stories and trace them back to ancient precedents.

These recurring features reflect universal, primitive, and elemental patterns, which are meant to evoke profound responses from the audience. Some of the most common archetypes include death/rebirth plots, the journey home, the search for family, and—you guessed it!—the hero's journey.

(https://www.skillshare.com/en/blog/the-heros-journey-stages-and-structure/

SEPARATION

CALL TO ACTION

The call to action, can take many forms. It is an interruption to the hero's daily life—a threat to his livelihood, his loved ones, or his community. The call to action is something the hero cannot refuse no matter how much he'd like to. It is a disruption to his ordinary world, a challenge that must be accepted.

SEPARATION

ASSISTANCE

After the hero has accepted the call to action, his guide or magical helper comes to him. This supernatural aid will serve as a mentor figure and provide the hero with the physical or metaphorical tools needed to embark on the journey.

INITIATION **Z**

DEPARTURE

TThis is exactly what it sounds like—the moment when the hero officially begins her journey, the moment when she crosses the threshold into a world different than the one she knows. This step in the hero's journey can invite danger and the unknown.

INITIATION 4

TRIALS

Employees at many companies and organizations have access to a variety of educational resources and learning opportunities to improve their skills. To advance your career within the company, your employer may offer management training programs.

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APPROACH

This is the point of no return. After the hero has crossed the first threshold, she enters the belly of the whale—or the first real obstacle of the journey. This step symbolizes the final separation between the hero and the version of themself and the world they once knew.

INITIATION

CRISIS

In the first step of the initiation stage, the protagonist undergoes a series of challenges and tests that will kickstart his transformation into the true hero he is meant to become. It is common for the hero to fail a few of these tests before ultimately overcoming all of them. This builds his character, strengthens him, and establishes self-confidence.

INITIATION

TREASURE

As a result of their confrontation with the symbolic "father," the hero becomes fully aware of their power, purpose, or skill during the apotheosis or climax. This newfound knowledge is the key to the hero's ultimate success.

RETURN

RESULT

This is the final step of the initiation stage. During this phase, the hero achieves her fulfillment, accomplishing the goal she set out to achieve. Everything the hero has endured has led her to this moment, to this victory. Oftentimes, this achievement is portrayed as the acquiring of some magical item, an item that grants the hero immortality or exemplary power.

RETURN

RETURN

Once again, this one is exactly as it sounds—the hero crosses back over into the ordinary world they once left behind.

RETURN 10

NEW LIFE

The hero, having successfully completed their quest, is now a changed person. She can acclimate back into the world she once knew as well as thrive in this new sphere of challenge and adventure.

In this final step of the hero's journey, the hero can finally live freely. In other words, the hero has completed their task, has escaped grave danger, evaded death, evolved into a better person, and has earned the freedom to live comfortably and peacefully.

YOUR OWN HERO'S JOURNEY

Using the steps you've now learned from the previous infographic, write down the simple steps of a hero's journey you've taken yourself. Everyone has many hero's journey's! We have supplied examples to use as guides. For example: Your CALL TO ACTION could be to try out for a school team or play. Or you could choose the action steps you took to overcome great anxiety or an experience of telling a difficult truth.

1) Your CA	ALL TO ACTION
Gandal	aggins, the hero in The Lord of the Rings trilogy, is called to action by the wizard f. Frodo must take the Ring and destroy it, in order to save all of Middle-Earth, his nes, his community, and ultimately, the world as they know it.
2) You	r ASSISTANCE
rieve the baseball	Benny the Jet" Rodriguez decides he must be the one to go over the Beast's fence to signed by Babe Ruth, he is visited by the legendary baseball player and gives him etaphorical tools to conquer his fears.
3) You	Jr DEPARTURE
Hall, a h	Eyre, the hero, crosses the threshold when she becomes the governess at Thornfield ome owned and run by Mr. Rochester. She crosses the threshold, both literally and orically, and changes the course of her life.
	4) Your TRIALS
	In Batman Begins, Bruce Wayne loses his parents, endures endless hours of gruesome training, and comes across decisively evil opponents. These hardships ultimately produce the greatest heroic form Batman can obtain
5) You	Ur APPROACH
belly of	ne point of no return. After the hero has crossed the first threshold, she enters the the whale—or the first real obstacle of the journey. This step symbolizes the final ion between the hero and the version of themself and the world they once knew.
6	Your CRISIS
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7) Yo	OUR TREASURE
aware o	ult of their confrontation with the challenges of the crisis, the hero becomes fully of their power, purpose, or skill during the climax of the journey. This newfound dge is the key to the hero's ultimate success.
	8) Your RESULT
	During this phase, the hero accomplishes the goal. Everything the hero has endured has led her to this victory. Oftentimes, this achievement is portrayed as the acquiring of some magical item, an item that grants the hero immortality or exemplary power.
9)	Your RETURN
	ain, this one step is exactly as it sounds—the hero crosses back over into the ordinary ey once left behind.
10) Y	Our NEW LIFE
_	cessfully completed their quest, is now a changed person. She can acclimate back int new as well as thrive in this new sphere of challenge and adventure.

In this final step of your hero's journey, you can finally live freely. In other words, you have completed your task, escaped your grave danger, evaded death, or most often, evolved into a better person.